



Knowing your Teen

Parenting teenagers is not easy, it requires creativity, determination, and patience! It is a tough phase for everybody, but you are not alone.

Join other parents and carers in this workshop that aims to provide information, improve understanding, and explore strategies that focus on the strengths and challenges of this stage of development.

✓ Strategies

✓ Problem Solving

✓ Growth

Workshop dates & locations:

Location Name – Zoom Online

Dates:

Night Session

Tuesday 8th February 2022 @ 7pm – 8:30pm

Day Session

Thursday 10th February 2022 @ 11:00am – 12.30pm

Please note this is a single session workshop only.

There is no charge for this workshop.

Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.

RSVP:

Reception | CatholicCare Victoria
PH 5438 1300 | E email@ccds.org.au

Please remember your mask. We ask that all participants follow social distancing and face mask regulations.



Knowing your Teen
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