

**New!**



# Tech Boundaries for Families

Parenting in a world driven by technology presents a set of challenges for parents, guardians, grandparents and carers. Tech is part of our reality but setting boundaries around it's use is not always easy.

Join other parents and carers in this workshop which aims to:

- Present current research
- Reflect on tech use in your family; considering both the challenges and opportunities
- Explore strategies that focus on creating a safe and healthy tech environment for your family.

✓ Health & Safety

✓ Boundaries

✓ Strategies

## Workshop dates & locations:

**Where:** Online via Zoom

**Dates:**

Wednesday 20<sup>th</sup> October @ 11:30AM – 1:00PM

OR

Tuesday 16<sup>th</sup> November @ 4:00PM – 5:30PM

Please note this is a single session workshop only.

There is no charge for this workshop.

*Groups are subject to maximum and minimum numbers determined seven working days prior to the commencement date. Early registration is encouraged.*

## RSVP:

Reception | CatholicCare Victoria  
M 03 5438 1300 | E [email@ccds.org.au](mailto:email@ccds.org.au)

*Please remember your mask. We ask that all participants follow social distancing and face mask regulations.*



Tech Boundaries for Families  
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