



Support for School Communities

CatholicCare Victoria offers a range of supports for Primary and Secondary Schools across Victoria. We support ALL schools with services for students, parents and school staff. Services available for schools in Greater Melbourne, Geelong and Gippsland are listed below.

School Counselling

CatholicCare provides on-site school counsellors to support student wellbeing. On-site counsellors can collaborate with staff and parents to provide the best support and outcomes for students. We can offer qualified school counsellors or school counselling interns, based on the needs of your school community.

Clinical Supervision

Both individual and group clinical supervision is available for specialised school staff, whether it be on a regular basis, one-off debriefing, or periodic case consultation/clinical advice. Well-supported and appropriately supervised wellbeing staff are better able to function and manage within school environments.

Critical Incident Response

When a critical incident occurs, such as a frightening emergency or the loss of a teacher or student, your school community may need counselling support. Our critical incident response counsellors can provide staff and students with the opportunity to discuss their thoughts, worries and feelings, and find means of dealing with emotional stress, anxiety or depression following the incident.

Assessments

We offer a range of assessments that evaluate a child's verbal and non-verbal skills, which can affect their learning. Comprehensive reports are provided after assessment to assist with planning for educational and behavioural needs in your school. Available cognitive assessments include WISC-V and WPPSI-IV, and Vineland-3 is also available when applicable. Other investigative behavioural checklists and assessments may also be suggested if appropriate.

Training and workshops

A number of programs are available for staff, students and parents to increase wellbeing, strengthen relationships, and create safer school environments. Available training/workshops include:

- *Relationships Matter!* for secondary school students
- Relationship education for parents
- Child Safe Training for staff
- Other tailored training for staff (on topics such as grief and loss, etc)

Contact:

Schools Unit | Counselling, Supervision, Assessments & Critical Incident Response
E SchoolsUnit@ccam.org.au

Marriage and Relationship Education | Training & workshops
E RelationshipEducation@ccam.org.au