

This service can support students with:

- Grief and loss
- Family Separation
- Self-esteem
- Resilience and coping with anxiety
- Developing social competence
- Social issues within the school e.g bullying, conflict, friendships

Referrals and bookings

Requests and referrals for students to access this service can come from parents, staff members or the community by contacting your school's Pastoral Care Worker or school staff.

Fees

There is no charge to access this service.

The service is confidential

Personal information discussed during counselling sessions may be disclosed with parents/ guardians of children and teenagers under the age of 18. Our counsellors and support workers will always ask the child or young person for their consent to share information with parents, except in situations where the child/teenager or someone they know is at risk of harm, or if the information disclosed is of an extreme nature.

About us

At CatholicCare Victoria we are committed to empowering communities and building strength and resilience, to enable everyone to reach their full potential and live life to the full.

Our services are available to all individuals or groups regardless of race, religious beliefs or economic status

CatholicCare Victoria is the social service agency of the Catholic Archdiocese of Melbourne and the Catholic Dioceses of Ballarat, Sandhurst and Sale.

Contact us

Ballarat

4-6 Peel St Nth, Ballarat 3350

T: 1300 303 988

Warrnambool

142 Timor St, Warrnambool 3280

T: (03) 5559 3000

Bendigo

176-178 McCrae St, Bendigo 3550

T: (03) 5438 1300

Hamilton

T: (03) 5559 3000

Pastoral Care in Your School



www.catholiccarevic.org.au

CatholicCare Victoria acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their Elders past and present, as well as acknowledging future generations.

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 **CatholicCare**
VICTORIA
Strengthening families & communities

What is Pastoral Care in Schools?

Pastoral Care in schools supports the wellbeing and development of all students during their entire school experience whilst engaging families in the process. Students who feel supported in their overall wellbeing are more likely to be successful.

Having a combination of a positive learning environment and setting realistic, yet challenging goals for students, will support not only their academic development, but also their personal and cognitive development.

The importance of Pastoral Care to a student's wellbeing

A well-developed program for Pastoral Care ensures that students are supported to be the best version of themselves.

This requires consideration of each aspect of the student. Whilst their academic performance is important, the overall support of student wellbeing is more so; therefore, a school's Pastoral Care program is designed to put students first and nurture their wellbeing and development needs.

About the service

The Pastoral Care Worker is part of your school's wellbeing team and supports students, their families and school staff with difficult situations.

Pastoral Care provides support to students, parents and the school community to enhance emotional wellbeing and promote optimal health and educational outcomes that contribute to the development of stronger more vibrant school communities.

The Pastoral Care Worker role is to:

- Work alongside teaching and wellbeing staff as part of the team to support child, family and community issues so school can be a positive experience for all children and their families.
- Identify and provide appropriate referrals to community services as required.
- Provide support for a range of day to day matters affecting the school community.
- Work within the school community to implement programs for students and parents or individuals as needed.

Finding the right support for you and your family

At CatholicCare Victoria we offer a range of services to suit the needs of our local communities.

If you're not sure what service is right for you or your family, contact us to discover how we can best support your needs.

Other services you may be interested include:

- Family Relationship Centre is for anyone wanting information and support about family relationships at any stage in their life.
- Family Dispute Resolution offers mediation and conciliation to assist parents with parenting arrangements.
- Parent education programs offer a chance for parents to talk about their experiences, while building stronger parent/child relationships.
- Family Mental Health Support Service is a flexible and responsive support service for children and young people at risk of or affected by mental illness.

View all programs and services on our website at www.catholiccarevic.org.au