



Circle of Security

Circle of Security Parenting focuses on:

- Understanding your child's emotional world by learning to read emotional needs
- Supporting your child's ability to successfully manage emotions
- Enhancing the development of your child's self esteem
- Honouring the innate wisdom and desire for your child to feel secure

✓ Connection

✓ Attachment

✓ Emotions

Program Details:

Location:

Ballarat Family Relationship Centre
34 Peel Street Nth, Ballarat

Date: Wednesdays 12 Oct – 30 Nov

Time: 10.30am -12.30pm

Arrival and Registration at 10.15am (first session)

This program has eight weekly sessions.

There is a cost of \$80 or \$40 concession for the program, workbook provided.

Groups are subject to maximum and minimum numbers determined seven working days prior to the event. **Early registration is encouraged.**

Register:

CatholicCare Victoria

P 1300 303 988

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www.catholiccarevic.org.au

1300 303 988 | Family Relationship Centre, 34 Peel Street Nth, Ballarat