



Circle of Security

Circle of Security Parenting focuses on:

- Understanding your child's emotional world by learning to read emotional needs
- Supporting your child's ability to successfully manage emotions
- Enhancing the development of your child's self esteem
- Honouring the innate wisdom and desire for your child to feel secure

✓ Connection

✓ Attachment

✓ Emotions

Program Details:

Location: CatholicCare Victoria 176-178 McCrae Street Bendigo

Date: Mondays 6th February – 13th March 2023

Time: 9:30am – 11:30am

Register: www.catholiccarevic.org.au/register

This Program has 6 weekly sessions

There is a cost of \$60 or \$30 Concession for the Program (workbook provided).

Early registration is encouraged.

CatholicCare Victoria

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