

Tuning into Kids

An evidence-based parenting program, focused on raising emotionally intelligent children



Tuning into Kids is a four week program that highlights the importance of:

✓ Enhancing emotional connection within your family

✓ Identifying and understanding your own emotions

✓ Understanding the impact of emotions on behaviour

Term 2

2022 Dates: WEDNESDAYS | May 4th, 11th, 18th & 25th *4 week program*

Time: 10:00AM – 12:00PM

Location: CatholicCare Victoria Family Relationship Centre, 34 Peel Street Ballarat

Cost: \$80 (\$40 concession)

Registrations & Enquiries:

CatholicCare Victoria: | P 1300 303 988 | E ballaratfrc@centacareballarat.org.au

Registration is a requirement for all programs

All participants are required to comply with Government COVIDSafe requirements