

Alcohol and Other Drug Service

Building people's strength

Other services

CatholicCare offers a range of other services to support and nurture families.

Family and Relationship Counselling is for children, adolescents, adults and families who may benefit from counselling to sustain healthy relationships.

Asylum Seeker Support arranges supported housing for families seeking asylum.

Refugee Settlement Support equips newly arrived refugee and humanitarian entrants with social and life skills to help them settle well.

For more information on these services, please visit our website at www.ccam.org.au

“When I first realised my child was addicted to drugs, I felt hopeless and my life was full of pain. Counselling has made a huge difference to my life, helping me to put things in perspective.”

“I am now employed and I am not homeless anymore. I don't have enough words to express what CatholicCare did for me.”

About us

Relationships are at the heart of why CatholicCare exists. We help people to build positive relationships, and repair connections when needed.

CatholicCare is the social service agency of the Archdiocese of Melbourne and the Diocese of Sale. We provide a range of counselling, education, community and pastoral services.

We support all people regardless of their religious belief or background.

Our vision is for a stronger, more resilient and inclusive society - where everyone can reach their potential and enjoy 'life to the full'.

Contact us

To access our AOD Service, please contact your nearest office below:

Dandenong T: 03 8710 9600	Footscray T: 03 9689 3888
Epping T: 03 8468 1305	Wyndham Vale T: 03 9689 3888

This program is funded by the Victorian Government Department of Health and Human Services. For more information, visit www.dhhs.vic.gov.au



CatholicCare acknowledges the traditional custodians of the lands and waters of Victoria, and pays respect to Elders past and present.

- Greater Melbourne
- Geelong
- Gippsland

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Worried about alcohol or drug use?

If you are struggling with the effects of addiction, it's okay to ask for help.

Our Alcohol and Other Drug (AOD) Service provides specialist counselling, support and education to help you get back on your feet.

We provide holistic and flexible support at all stages of alcohol/drug use and recovery. This means that our AOD Service can be accessed even after initial support has finished.

We can help you rebuild relationships and establish new networks of support, to ensure positive and strong connections with those who matter most.

Support for relatives and friends

As a parent, relative or friend of someone with an alcohol or other drug problem, it can be devastating to watch a loved one struggle.

If you are worried about someone, we can provide the support you need and help you strengthen your relationship with your loved one.

Good relationships can help people to recover from addiction, and in some cases can even prevent it.

Our unique family service provides counselling and education for anyone who is concerned about a loved one's substance abuse.

We welcome people from any religion - or no religion at all - to use our Alcohol and Other Drug Service.

About the service

Our counsellors are professionally trained and qualified. They specialise in problematic alcohol and other drug use, and can help with the social and emotional challenges, and relationship strain or breakdown that is associated with addiction.

Our counsellors can also offer spiritual support, which helps to bring about peace and acceptance and make meaning out of life's difficult experiences.

We have specialised CALD (Culturally and Linguistically Diverse) counsellors who have understanding and knowledge in dealing with cultural issues, and who can provide support and advice to community groups of different cultures and backgrounds.

We are currently working with African, Burmese and Vietnamese communities to build understanding and provide support around alcohol and other drug issues.

The Alcohol and Other Drug support service includes:

- alcohol and other drug use assessment and referral to other agencies
- community programs aimed at supporting and strengthening families
- compassionate, non-judgemental and confidential counselling for individuals, families, friends and parents

If you're unsure whether you need our AOD Service, you can phone one of our offices to speak with someone before deciding to make an appointment.

The service is confidential

Your privacy is important to us and we will not disclose your personal information without your express permission except when we are required to by law, for example, to protect you or someone you know from harm.

How to access the service

You don't need a referral to access our Alcohol and Other Drug Service. To find a location, contact the nearest office listed overleaf.

We can link you with a bilingual counsellor who speaks your native language, or organise an interpreter.

Fees

This service is free of charge.

